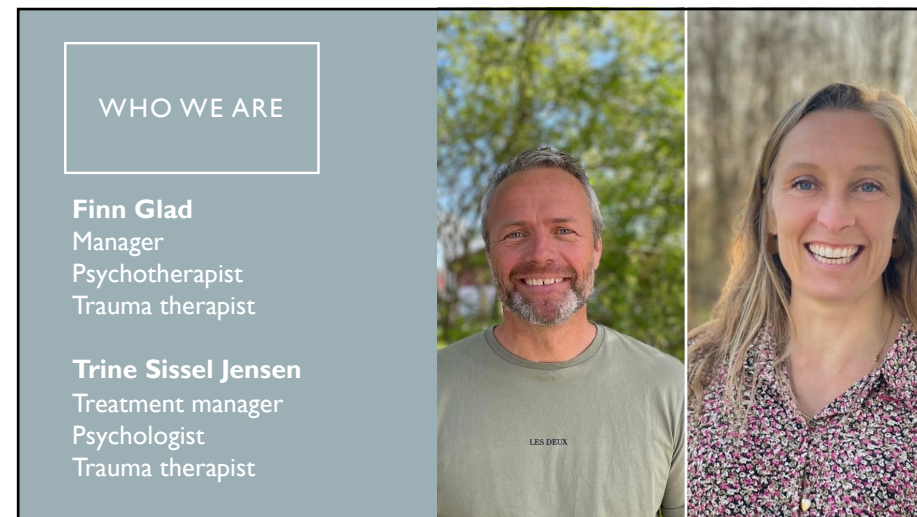




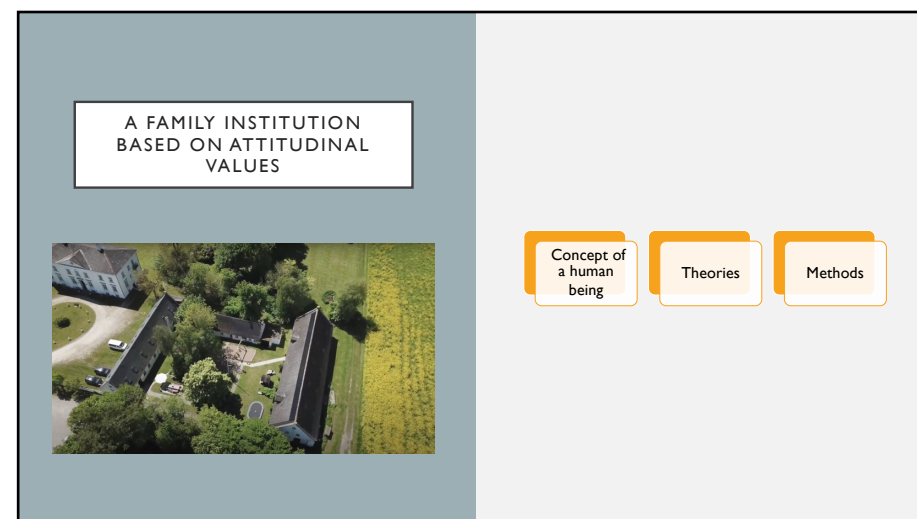
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4

DIALECTICAL CONCEPT OF A HUMAN BEING

The dialectic concept is presented in the existentialistic philosophy, psychology and psychotherapy and are therefore our main theoretical framework.

It is important to have coherency between "the concept of a human being", theories and methods.

The "concept of a human being" is all about the relationship between the individual and the surrounding society – whether it is mechanical or dialectical.

The "concept of a human being" at our family centre is dialectical.

5



Existential psychology and psychotherapy
- authentic relationships -

"If you from the bottom of your heart want to help another human being, you must first and foremost find him/her where he/she is. This is the secret of all help"

Quote: Freely after Søren Kierkegaard

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INSPIRATION FROM

SWEEDEN

- GUSTAV JOHNNSSON (child psychiatrist) – "Barnbyn Skå".
- The originator to the Concept: "The social heritage"
- Gustav Johnsson was engaged in finding the best principles for the treatment of children with environmental (behavioural & emotional) damages.

ENGLAND

- MAXWELL JONES (psychiatrist)
- The therapeutic community techniques (community, democratize, all feelings are aloud, focus on "here and now")

7

THEORIES & METHODS

Relationships/connections between
parents & children

Theories on developmental
psychology & attachment theories
(Inspiration from: Bowlby,
Ainthworth, Winnicott, Stern,
Skovgaard Væver)

Relationships/connections in the
body (autonomous nervous-,
emotional- & mentalize systems)

Trauma theories
(Inspiration from: Bryce Perry,
Bessel Van der Kolk, Steven
Porges, Gabor Maté, Ulla Rung
Weeke)

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Ugeprogram

Mandag	Tirsdag	Onsdag	Torsdag	Fredag
9.00 Godmorgen i køkkenet 9.15 Passing/Undervisning start	9.00 Godmorgen i køkkenet 9.15 Passing/Undervisning start	9.00 Godmorgen i køkkenet	9.00 Godmorgen i køkkenet 9.15 Passing/Undervisning start	9.00 Godmorgen i køkkenet 9.15 Passing/Undervisning start
9.20 - 9.45 Rengøring 10.00 - 10.30 Morgenmøde med beboerne Praktisk planlægning og ugens proces	10.00 - 10.30 Morgenmøde med beboerne	9.00 - 10.00 Rengøring på familiedage	9.20 - 10.00 Morgenmøde med beboerne	9.20 - 10.00 Rengøring
10.30 - 13.00 Gruppeterapi	Supervision personale 10.45 - 12.00 Krop, sind og bevagelse	Familieterapi formiddag/ eftermiddag eller familiedag med kontaktperson	10.15 - 11.30 Individuel Terapi 11.45 - 13.00 Individuel Terapi	10.15 - 12.15 Undervisning
13.00 - 14.00 Frokost	12.00 - 13.00 Frokost	12.00 - 13.00 Frokost	12.00 - 13.00 Frokost	12.15 - 13.00 Frokost
14.00 UV/passing slut	13.00 - 15.30 Personalemøde - beboerne bti 12.00 UV/passing slut	Familieterapi formiddag/ eftermiddag	13.15 - 15.30 Forældre/barn 13.00 UV/passing slut	13.00 - 14.00 Weekendmøde med beboerne 14.00 UV/passing slut

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EVERYDAY LIFE

- Creating connections (humans & body) and trusting relationships
- The staff becomes attachment-figures for the parents who thereby experiences secure and authentic relationships & thereby can bring it on to their children
- Stimulating social engagement
- Continuous regulation of nervous systems
- Continuous regulation of emotional systems
- On-going following up on situations & relationships
- Therapy in different forms
- Bottom-up-processes
- Psycho-education (top-down-processes)



10

OUT COME

To create clarity over the family situation and the parents resources and obstacles

To create lasting changes in parental care



- Therapy (to parents, children and their relationships)
- Attachment & bonding
- Trauma-treatment



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