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| Perinatal & Infant Mental Health  in the Nordic Countries:  Challenges and the Way Forward  1st Nordic Marcé-NFSU Joint Conference  25-27 October 2023  Uppsala University Main Building  Uppsala, Sweden | | | |
| ***Preliminary program – changes may occur in the program*** | | | |
| ***Wednesday 25th October 2023*** (NFSU) | | | |
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| 08:30-10:00 | Registration & Coffee  *Entrance hall* | |  |
| 10:00-10:10 | Welcome!  *Room X* | | Sanne Holst,  President NFSU |
|  | **Part 1: Parent-Infant Psychotherapy with Traumatized families**  *Room X* | |  |
| 10:10-10:50 | Parent-Infant Psychotherapy with Traumatized Families (English) | | Dr. Amanda Jones |
| 10:50-11:00 | Short break | |  |
| 11:00-11:45 | Parent-Infant Psychotherapy with Traumatized Families cont. | | Dr. Amanda Jones |
| 11:45-12:45 | Lunch | |  |
|  | **Part 2:**  **Parental stressors & Child’s First Year of Life**  *Room X* | |  |
| 12:45-13:30 | *“It came out much better than I feared”* - *“I felt that being a mother was two, or even four, sizes too big for me.”* Experiences and thoughts about mothering and the infant in first year postpartum with bipolar disorder (Norwegian) | | Teija Anke  psychologist, PhD Vestre Viken, Rbup Øst og Sør |
| 13:30-13:45 | Short Break | |  |
| 13:45-14:30 | Repetitive negative thoughts in the perinatal period – how parents' mental health and attachment to the child are connected (Norwegian) | | Agnes Bohne, psychologist, PhD, Universitetssykehuset Nord-Norge, Tromsö |
| 14:30-15:00 | Coffee Break | |  |
|  | **Part 3:**  **How to Help Parents Look for & Interpret Infants’ Signals & Communication**  *Room X* | |  |
| 15:00-15:30 | NBO & AMOR  Interventions & Sensitivity Training (Norwegian) | | Unni Tranaas Vannebo, health nurse, NBO master trainer, Seksjon sped- og småbarn, RBUP Øst og Sør. |
| 15:30-16:00 | Implementation of the ADBB in Primary Care in Denmark – Lessons learned and future perspectives. | | Mette Væver, prof. clinical child psychology, University of Copenhagen |
| 16:00-17:00 | NFSU Annual Meeting for Members  *Room X* | |  |
| ***Thursday, October 26th 2023*** (common day) | | | |
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| 08:00-09:00 | Registration & Coffee  *Entrance Hall* | |  |
| 09:00-09:15 | Welcome!  *Room X* | | Sanne Holst (President NFSU) & Alkistis Skalkidou (President Nordic Marcé) |
| 09.15-10:45 | Moving on from the **First 1000 days in the Nordic countries** | | Moderator:  Birgitta Wickberg  Presenters:  Kari Slinning (Norway)  Liv Lyngå von Folsach (Denmark)  Ann-Cristine Jonsson (Sweden)  Petra Kouvonen (Finland)  Jenny Ingudottir (Iceland) (via zoom) |
| 10:45-11-15 | **Coffee Break & poster session:**  Mona Bryggman: Solihull-modellen  Kenneth Stensen: Student-teacher relationship scale short form  Stina Helmstrand: Tverrprofessionell mødra- och barnhælsovård | |  |
| 11:15-13:00 | **When Regular Outpatient Treatments are not Enough** | | Moderator: Christine Esbensen |
|  | ”Orkdalsmetoden – The Orkdal Method – Inpatient care for women with postpartum depression” (Norwegian) | | Elin Killi Olsen, Specialist in psychology, Psychologist, Nidelv DPS, Orkdal døgn, St.Olavs Hospital, Trondheim, Norge |
|  | Vibygaard (Parent-Child Centre in Denmark) | | Trine Jensen, Psychologist  Finn Glad, manager and psychotherapist |
|  | Tvang og omsorg i møte med rusavhengige gravide ved Blå Kors klinikk i Skien, Norge. (Norwegian) | | Kristin Håland,  Seksjonsleder Blå Kors klinikken Skien |
|  | Haga Mödra-barnhälsovårdsteam, Gothenburg: Intensive follow-up during and after pregnancy (Swedish) | | Marina Liljeros, district nurse.  Charlotte Karlsson, health care curator. |
| 13:00-14:00 | Lunch | |  |
| 14:00-16:00 | Parallel Symposiums | |  |
|  | *Room X (Nordic Marcé)*  **Biological** markers (*14:00-14:45*)  Speaker 1: Mary Kimmel  Speaker 2: Richelle Björvang  Speaker 3: Maria Vrettou  --Short break with poster session--  **FOC** (*15:00-16:00*)  Speaker 1: Elisabet Rondung  Speaker 2: Elin Ternström  Speaker 3: Jennie Lenntorp  Speaker 4: Carita Nordin-Remberger | *Room IX (NFSU)*  **Prevention & treatment** *(14:00-14:45)*  Silja B. Kårstad: Early In: A program promoting screening and communication about parental mental health, alcohol use and domestic violence (English)  Åse Bjørseth: Lessons learned from providing Parent-Child Interaction Therapy for Toddlers (PCIT-T) in a Child and Adolescent Mental Health Clinic  (English)  Hedvig Svendsrud: Becoming Dad: Expectant Fathers Attachment Style and Prenatal Representations of the Unborn Child (English)  --Short break with poster session--  **Assessment** *(15:00-16:00)*  Stina Helmstrand & Ulrika Hagekull: Tvärprofessionell mödra- och barnhälsovård för sköra och utsatta barn (English)  Karin Colliander: Parent-infant interaction observation scale in a Swedish context  Kjersti Sandnes, Catarina Furmark & Katrine Røhder: Using the Working Model of the Child Interview in the Nordic countries (English)  Nina Sanner & Catarina Furmark: DC:0-5 som processverktyg vid bedömning av späd- och småbarns psykiska hälsa i Norden | |
| 16:00-17:00 | Marcé Board Meeting for Members  *Room X* | |  |
| 19:00 | Conference Dinner | |  |
| ***Friday, October 27th 2023*** (Nordic Marcé) | | | |
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| 09:00-09:15 | Summary of day 1 and 2.  Welcome to day 3.  *Room X* | | Prof. Alkistis Skalkidou (President, Nordic Marcé) |
| 09:15-10:15 | **Severe mental disorders** in the perinatal period  *Room X*  Introduction: Prof. Louise Howard (zoom)  Speaker 1: Charli Colegate  Speaker 2: Adrianna P. Kępińska  Speaker 3: Yihui Yang  Speaker 4: Felix Wittström | | Prof. Louise Howard (UK) (via zoom), and participants’ abstracts |
| 10:15-10:35 | Coffee break | |  |
| 10:35-11:35 | **Care pathways** with focus on **stepped care** I *Room X*  Introduction 1: Prof. Nicole Highet  Introduction 2: Prof. Heather O’Mahen  Speaker 1: Sigridur Sia Jonsdottir  Speaker 2: Charles Musters  Speaker 3: Ilaria Lega | | Prof. Heather O’Mahen (UK) and Prof. Nicole Highet (Australia) (via zoom) and participants’ abstracts |
| 11:40-12:00 | **Inspirational lecture**:  “Overlooking cultural issues in a multi-cultural, multireligious society” (English)  *Room X* | | Prof. John L. Cox (UK) |
| 12:00-13:00 | Lunch | |  |
| 13:00-14:00 | **Prediction** of peripartum depression  *Room X*  Introduction: Prof. Trine Munk-Olsen  Speaker 1: Allison Eriksson  Speaker 2: Martina Caglioni  Speaker 3: Michaela Schiøtz  Speaker 4: Ella Schleimann-Jensen | | Prof. Trine Munk-Olsen (Denmark), and participants’ abstracts |
| 14:00-14:40 | Perinatal mental health in the **Nordics:**  short history of the Nordic Marcé Society and current regional projects  *Room X*  Introduction: Ass. Prof. Birgitta Wickberg  Speaker 1: Malin Eberhard-Gran  Speaker 2: Emma Fransson  Speaker 3: Marie Bendix  Speaker 4: Lotte Broberg | | Ass. Prof. Birgitta Wickberg and participants’ abstracts |
| 14:40-15:00 | Coffee break | |  |
| 15:00-16:00 | **Transgenerational effects** of peripartum depression  *Room X*  Introduction 1: Prof. Hasse Karlsson  Introduction 2: Ass. Prof. Carolyn Cesta  Speaker 1: Tiina Riekki  Speaker 2: Angela Lupattelli  Speaker 3: Alina Rodriguez | | Prof. Hasse Karlsson (Finland), Ass.Prof. Carolyn Cesta (Sweden), and participants’ abstracts |
| 16:00-16:15 | **Closing** comments and greetings from the president of the international Marcé Society | | Alkistis Skalkidou, Sanne Holst, Jennifer Payne  (via zoom) |