



## **NFSU preconference, Scandic hotel, Eremitage, Lyngby, Copenhagen September 12th 2017**

Introduction and implementation of the DC:0-5 in the Nordic countries

DC:0-5 or the Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood is the Result of a three year long revision process of the DC:0-3R. It was published in December 2016 and implementation has started all around the world. In the Nordic countries the DC:0-5 system will be implemented as a diagnostic classification system supplementing the ICD-10 system for more better descriptions and more precisely targeted intervention planning for the problems and symptoms of children under age 6 years.

Many clinics and research groups are already familiar with the DC:0-3R. Other infant mental health workers are new to the system. In this preconference we welcome both experienced and new users of the system to join us to share reflections about system changes and implementation in the Nordic countries. The preconference presentation will be in English.

### **Program overview**

09.00 - 10.00 Breakfast and registration  
10.00 - 12.00 Introduction  
12.00 - 12.45 Lunch  
12.45 - 16.00 Continued introduction, case presentation and panel discussion

We will start off with a general introduction of the new system, highlighting the major changes from the DC:0-3R. After lunch there will be case presentations, connecting the new criteria to clinical reflections and discussion of dilemmas. In the afternoon we will also cover implementation strategies and how to make the best use of the system in our Nordic countries. The discussion will be started off by a panel, but all delegates are encouraged to contribute with reflections and/or questions.

### **Presenters**

The overview of the system will be presented by Catarina Furmark and Nina Sanner. Other members of the Nordic DC:0-5 Task force will join in during case presentations and panel discussions. The

Nordic DC:0-5 Task Force

To facilitate implementation of the DC:0-5 system in the Nordic countries, NFSU initiated a task force of experienced clinicians and researchers. The group had their first meeting in Stockholm on January 26th 2017 and is discussing key



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issues such as training programs, translation of the manual into Scandinavian languages and transcultural applicability of the system. More information about these efforts will be presented during the afternoon discussions. The members of the group are listed below:

Denmark: Anne Lise Olsen and Mala Moszkowicz  
Finland: Kaija Puura, Tuija Fontell and Reija Latva  
Sveden: Catarina Furmark, Anna Malmqvist Saracino, Pia Risholm Mothander  
Norway: Nina Sanner; Gro Vatne Brean; Vibeke Moe